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*short on time?  
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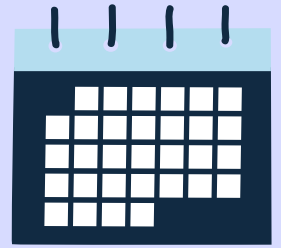
## SEPTEMBER

### Important Dates

- **All month:**
  - Recovery Month
  - Suicide Prevention Month
  - Hispanic Heritage Month (Sept. 15 - Oct. 15)
- **Dates to note:**
  - **September 2nd:** RPC closed - Labor Day

# OBSERVANCES

*September is...*



## *National Recovery Month*



SAMHSA's Office of Recovery is hosting several trainings and events to celebrate Recovery Month.

Tap into the Recovery Month toolkit for all of your social media and promotional needs!

## *Suicide Prevention Month*

Find a social media toolkit, weekly themed content, and more here.

Check out the schedule of free suicide prevention and verbal de-escalation trainings offered this month at Community Advocates.

*Want to host a training specifically for your team? Email us!*

**SUICIDE IMPACTS  
US ALL.  
HELP PREVENT SUICIDE  
& PROMOTE HEALTH EQUITY**



SAMHSA

#SUICIDEPREVENTIONMONTH | #SPM24

# SEPTEMBER TRAININGS



**September 5th, 12:00 - 2:00pm**  
[Overdose Prevention in BIPOC Communities](#)

**September 5th, 2:00pm**  
[How to Engage Discussions with Youth Leaders to Implement Prevention Awareness Programs with Schools](#)

**September 11th, 12:00 - 1:30pm**  
[Implementing Actionable Leadership-Session 1: Understanding Effective Leadership](#)

**September 12th, 1:00 - 4:00pm**  
[Large Scale Impacts Through Environmental Substance Misuse Prevention Strategies](#)

**September 18th, 12:00 - 1:30pm**  
[Sustainability Through Community Ownership](#)

**September 24th, 12:00 - 1:30pm**  
[Navigating the Green Wave: Strategies for a Local Response to Cannabis Legalization](#)

**September 25th, 1:00pm**  
[Answering the Call: Empowering Communities to Prevent Suicide Among Black Youth](#)

**September 26th, 2:00 - 3:30pm**  
[Strategies to Disrupt the Proliferation of Emerging Drugs: A Community Approach](#)




# BACK TO SCHOOL



## Zyn 101: What to Know About Big Tobacco's Latest Addiction

Check out the *Smokeless Tobacco Factsheet* [here](#)



## Back to School: Mental Health Tips and Resources to Help Youth Thrive in - and out of - the Classroom

Also of note: Wisconsin's 2023 Youth Risk Behavior Survey summary report illuminated increasing concerns for youth mental health

# IN THE NEWS



Did you know Tobacco 21 laws have been shown to reduce 12th graders' cigarette use by 21.4 percent? Prevention works!

*Read:*

## **FDA Issues Final Rule Increasing the Minimum Age for Certain Restrictions on Tobacco Sales**

Take note of amended restrictions for tobacco retailers going into effect September 30th, 2024

*Staying in conversation:*

## **How to vet delta-8 and other hemp products for safety — and protect yourself legally**

Take a look at some of the information being shared by researchers focused on delta-8 and hemp derivatives in local news

Want to learn more about the cannabis landscape?  
Register for the upcoming training on 9/24 (see training page)



# ANNOUNCEMENTS



## 2024 Alcohol Policy Seminar

- Registration is OPEN! The 2024 Alcohol Policy Seminar will be held October 7-8th in Oshkosh, and we'd LOVE to see SE AWY coalitions in attendance.
- Register and view details at the link [here](#)

## SE AWY Quarter 2 Meeting

- Our next regional meeting will take place on October 16th from 11:30am - 1:00pm on Zoom
- Calendar invite coming soon. Please connect with Kat if you have any items to share in this meeting!

If anyone has suggestions or things they want to see included in the newsletter please feel free to email me!