

# Mental Health Awareness Training

Community Advocates Public Policy Institute has developed a niche as a provider of unique, interactive, and enlightening learning opportunities on mental health, substance use, trauma, and suicide prevention to community members, human services professionals, and organizations.

In 2021 CA-PPI was awarded a five-year Mental Health Awareness Training grant to provide culturally appropriate workshops to help close behavioral health disparities in Milwaukee County.

## Our 2022 Impact

### 61 Workshops Conducted

29 Mental Health First Aid

18 QPR Suicide Prevention

12 Verbal De-Escalation Techniques

2 Mindful Gratitude Sessions

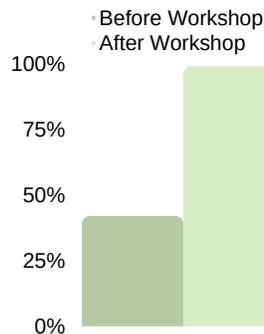
### 482 people trained

76.8% Social Services Providers

23.2% Community Members



Most common skill acquired via workshops:  
*listening nonjudgmentally*



Knew what steps to take if someone is experiencing mental health or substance use challenges



Knew what steps to take if someone is at risk for death by suicide

# 2,198

Resources provided

# 2,013

Mental Health & Wellness  
Resource Guides distributed

# 185

Referrals made to mental  
health or related services



Community Advocates Public Policy Institute

[ppi.communityadvocates.net](http://ppi.communityadvocates.net)

